# SEWARD COUNTY COMMUNITY COLLEGE COURSE SYLLABUS

I. TITLE OF COURSE: PE2502- CPR/AED for Professional Rescuer & Sports Medicine Training

#### II. COURSE DESCRIPTION: 2 credit hours

#### 2 credit hours of lecture and 0 credit hours of lab per week.

This course is designed for students with a sports medicine scholarship to develop CPR/AED and sports medicine clinical skills to assist the certified athletic trainer in the athletic training room. Those enrolled in this course will be required to attend/complete all class meetings, skills demonstrations and written examinations.

For each unit of credit, a minimum of three hours per week with one of the hours for class and two hours for studying/preparation outside of class is expected.

Pre-requisite: Instructor Approval

#### III. PROGRAM AND/OR DEPARTMENT MISSION STATEMENT:

The Seward County Community College physical education program will broaden the understanding of fitness for life by providing general education, appropriate technology, and professional development opportunities that promote a healthy lifestyle.

#### IV. TEXTBOOK AND MATERIALS:

CPR/AED for Professional Rescuers Participants Handbook; RR Donnelly (2017), Item ID 752168

## V. SCCC OUTCOMES

Students who successfully complete this course will demonstrate the ability to do the following SCCC Outcomes.

- 1: Read with comprehension, be critical of what they read, and apply knowledge gained to real life
- 2: Communicate ideas clearly and proficiently in writing, appropriately adjusting content and arrangement for varying audiences, purposes, and situations.
- 5: Demonstrate the ability to think critically by gathering facts, generating insights, analyzing data, and evaluating information
- 9: Exhibit workplace skills that include respect for others, teamwork competence, attendance/punctuality, decision making, conflict resolution, truthfulness/honesty, positive attitude, judgment, and responsibility

#### VI. COURSE OUTCOMES:

American Red Cross CPR/AED for Professional Rescuer certification

Demonstrate understanding of SCCC Emergency Action Plans

Demonstrate understanding of SCCC bloodborne pathogens training

Demonstrate understanding and skills of basic wound care, taping & wrapping, and stretching.

Demonstrate understanding and skills of safety and use of therapeutic modality machines.

# VII. COURSE OUTLINE: Professional Rescuer

**Legal Considerations** 

Before Providing Care

**Bloodborne Pathogens** 

How Pathogens Spread

Preventing the Spread of Bloodborne Pathogens

If you Are Exposed

**Taking Action** 

**Breathing Emergencies** 

Recognizing & Caring for Breathing Emergencies

Giving Ventilations

**Airway Obstruction** 

**Emergency Oxygen** 

Oxygen Delivery Devices

Suctioning

Cardiac Emergencies

Cardiac Chain of Survival

Heart Attack

Cardiac Arrest

CPR

**AEDs** 

Multiple-Rescuer Response

**Skills Demonstration** 

Removing Disposable Gloves

Using a Resuscitation Mask

Moving a Victim – Emergency Moves

Moving a Victim – Non-emergency Moves

Primary Assessment – Adult, Child, Infant

Giving Ventilations

Choking

**Emergency Oxygen** 

Using a Manual Suctioning Device

**CPR** 

Using an AED

**Sports Medicine Training** 

**Emergency Action Plans** 

Bloodborne Pathogens training (SCCC training program)

Basic wound care

Basic taping & wrapping

Safe basic use of Therapeutic Modalities

Basic stretching techniques

## VIII. INSTRUCTIONAL METHODS:

Canvas

**PowerPoint** 

Video

Discussion

Demonstration

**Skills Practice** 

## IX. INSTRUCTIONAL AND RESOURCE MATERIALS:

Canvas

**Book** 

Internet

# X. METHODS OF ASSESSMENT:

SCCC Outcome 1 will be assessed and measured by participation in skills demonstrations and written examination.

SCCC Outcome 2 will be assessed and measured by skills demonstration and written assignments.

SCCC Outcome 5 will be assessed and measured by participation in skills demonstrations and

written examination.

SCCC Outcome 9 will be assessed and measured by participation of simulated events and skills demonstrations.

## **XI. ADA STATEMENT:**

Under the Americans with Disabilities Act, Seward County Community College will make reasonable accommodations for students with documented disabilities. If you need support or assistance because of a disability, you may be eligible for academic accommodations. Students should identify themselves to the Dean of Students at 620-417-1106 or going to the Student Success Center in the Hobble Academic building, room 149 A.

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